



# THE WELLNESS COALITION

## SERVICE TO THE COMMUNITY

### FISCAL YEAR 2022–2023

#### The Wellness Coalition

The Wellness Coalition Board continued to serve as a forum for “safety net” providers to network and coordinate issues related to persons affected by chronic disease and with little or no health insurance. In addition to this coordinative role, The Wellness Coalition has made a direct impact on the health of the community through our programs. In 2022–2023, we:



**Provided wellness case management services to 3,165 clients**, including access to a medical home, community resources, health insurance, and more



**Assisted 143 people to access free medications** for chronic diseases through a variety of assistance programs and local resources



**Provided 1,392 chronic disease education individual sessions** on how to manage chronic diseases, and set and achieve wellness goals



**Provided health insurance enrollment assistance to 5,686 people** on the Federally-facilitated Health Insurance Marketplace



**Enrolled 95 people in the National Diabetes Prevention Program**, bringing the total number of enrollees to 631



**Enrolled 251 participants in HeartLink**, the AstraZeneca HealthCare Foundation Connections for Cardiovascular Health<sup>SM</sup> program



Partnered with vaccine providers to administer **more than 218 COVID-19 vaccines** and **239 flu vaccinations** at **27 community events**



**Created partnerships with 5 churches to implement Body & Soul** health ministries to increase consumption of nutritious fruits and vegetables



**Partnered with 4 worksites to implement smoke-free policies**, improving working conditions for more than 100 River Region employees



COVID/Flu vaccination event in partnership with Rhema



TWC team preparing to welcome hundreds of visitors to our “A Tour of Wellness” event in Tuskegee



This year, TWC made great strides connecting with organizations and individuals in the River Region. The awareness campaigns and services we provided have impacted our community in a visible and exciting way. We continue to be committed to providing programs and education that promote healthier lifestyles and that create systematic change for the benefit of all.

**Ghandi Daniels**  
Executive Director





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#### More Accomplishments:

- Hosted “A Tour of Wellness” health fair events with community partners in Montgomery, Macon, and Lowndes counties, attracting nearly 600 residents
- Developed the first local, pop-up, Baby Café and held events in Lowndes, Macon, and Montgomery counties
- Established lactation rooms at Mobile Heights Baptist Church, Montgomery Hispanic SDA Church, COPE, New Mount Pleasant Missionary Baptist Church, and White Hall Town Hall
- Conducted three focus groups to obtain insight from local families about barriers related to breastfeeding
- Conducted an additional 12 focus groups to enhance our understanding of community opinion regarding the COVID-19 and seasonal flu viruses and vaccines
- Produced 4 webinars to increase awareness and understanding of the current state of the COVID-19 pandemic and seasonal flu
- Established 12 new food pantries in partnership with businesses and churches to increase access to healthy foods for River Region residents
- Implemented smoke-free policies with All About Kidz Learning, The Beacon Center, Metropolitan United Methodist Church, and Montgomery Hispanic SDA Church
- Developed and disseminated public and partner messages that were seen more than 27 million times by local residents and stakeholders



The Wellness Coalition Baby Café “popped-up” in Lowndes, Macon, and Montgomery counties

#### Working Together To Improve Health And Access For All.

The Wellness Coalition was established when a group of healthcare providers came together to work on improving healthcare for persons with chronic diseases and little or no health insurance. Our Board Member Organizations include the major “safety net” healthcare providers—those serving underserved persons in five counties of Alabama’s River Region: Autauga, Elmore, Lowndes, Macon, and Montgomery.

The Wellness Coalition facilitates a coordinated, community-wide system to improve the health and wellness of people with limited or no health insurance through collaboration, services, and education. We do this in an effort to bolster a community that promotes health and wellness through a coordinated system of care.

The Wellness Coalition has grown and added board member agencies, staff, and services. We are pleased to work toward improved individual and community health in the River Region, and to continue to establish the partnerships without which our goals could not be realized.

#### Our Dedicated Board

**Demetra Peoples**  
Alabama Department of Public Health  
East Central District

**Tommy McKinnon**  
Baptist Health  
Chairperson

**Vacant**  
City of Montgomery

**Dana Cooper**  
Smart Bank  
Treasurer

**Jessica Hudson**  
Community-at-Large  
Representative

**Katherine Webb**  
Community-at-Large  
Representative

**Vacant**  
Community-at-Large  
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Community Care Network

**Jennie Rhinehart**  
Community Hospital

**Gilbert Darrington**  
Health Services, Inc.  
Past Chairperson

**Vacant**  
Jackson Hospital

**Mary Weidler**  
Joint Public Charity  
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**Sarah Hunter Frazer, CRNP**  
Medical Outreach Ministries

**Lydia Pickett**  
Mid-Alabama Coalition  
for the Homeless

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Carastar Health  
Chairperson-Elect

**Isaiah Sankey**  
Montgomery County

**Melanie Boggan**  
Montgomery County  
Health Department  
Secretary

**Ghandi Daniels**  
Executive Director



#### The Wellness Coalition

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