



# THE WELLNESS COALITION

## SERVICE TO THE COMMUNITY

### FISCAL YEAR 2021–2022

#### The Wellness Coalition

The Wellness Coalition Board continued to serve as a forum for “safety net” providers to network and coordinate issues related to persons affected by chronic disease and with little or no health insurance. In addition to this coordinative role, The Wellness Coalition has made a direct impact on the health of the community through our programs. In 2021–2022, we:



**Provided wellness case management services to 684 clients**, including access to a medical home, community resources, health insurance, and more



**Assisted 183 people to access free medications** for chronic diseases through a variety of assistance programs and local resources



**Provided 2,175 chronic disease education individual sessions** on how to manage chronic diseases, and set and achieve wellness goals



**Provided 447 assists** with the Federally-facilitated Health Insurance Marketplace, resulting in **141 enrollments**



**Enrolled 75 people in the National Diabetes Prevention Program**, bringing the total number of enrollees to 537



**Enrolled 275 participants in HeartLink**, the AstraZeneca HealthCare Foundation’s Connections for Cardiovascular Health<sup>SM</sup> program



Partnered with **6 vaccine providers** to administer **more than 750 COVID-19 vaccines** and **83 flu vaccinations** at **50 community events**



**Worked with 5 local businesses** to and **1 multi-unit housing community** to implement and/or enhance smoke-free policies.



Collected **more than 1,500 survey responses** from community residents on the topics of tobacco, secondhand smoke, COVID-19 and influenza.



NBA player, JaMychal Green, receives his vaccination from Health Services, Inc. at our “Vax to School” clinic.



Local mom, La'Keisha Pierson, poses with her family for a photoshoot to promote breastfeeding awareness.



As we get closer to a third year of the COVID-19 pandemic, we are committed to empowering people with knowledge that can slow transmission of the virus and amplify access to resources to overcome food insecurity, normalize breastfeeding, and manage or reduce chronic conditions.

**Ghandi Daniels**  
Executive Director





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### More Accomplishments:

- Partnered with Medical Outreach Ministries to create a lactation space for breastfeeding moms
- Recruited eight local breastfeeding moms to participate in a photoshoot to promote breastfeeding awareness
- Created the "Tobacco Task Force", consisting of 20 community members, to promote smoke-free spaces in the River Region
- Recruited more than 40 community members to be "Trusted Messengers" to dispel COVID-19 vaccination myths and promote vaccinations
- Created the Health Equity Alliance, whose 23 members help develop and execute "on the ground" strategies to increase COVID-19 vaccination rates
- Promoted worksite wellness programs for tobacco and diabetes prevention to local employers
- Hosted "A Tour of Wellness" health fair events with community partners in Montgomery, Macon, and Lowndes counties
- Provided appliances to support the work of four food banks in our area
- Assisted six churches with the implementation of Health Ministries



Snapshots from "A Tour of Wellness" events in Lowndes, Macon, and Montgomery counties.

### Working Together To Improve Health And Access For All.

The Wellness Coalition was established when a group of health care providers came together to work on improving health care for persons with chronic diseases and little or no health insurance. Our Board Member Organizations include the major "safety net" health care providers—those serving underserved persons in five counties of Alabama's River Region: Autauga, Elmore, Lowndes, Macon, and Montgomery.

The Wellness Coalition facilitates a coordinated, community-wide system to improve the health and wellness of people with limited or no health insurance through collaboration, services, and education. We do this in an effort to bolster a community that promotes health and wellness through a coordinated system of care.

The Wellness Coalition has grown and added board member agencies, staff, and services. We are pleased to work toward improved individual and community health in the River Region, and to continue to establish the partnerships without which our goals could not be realized.

### Our Dedicated Board

**Demetra Peoples**  
Alabama Department  
of Public Health  
East Central District

**Tommy McKinnon**  
Baptist Health

**Vacant**  
City of Montgomery

**Dana Cooper**  
Community-at-Large  
Representative

**Jessica Hudson**  
Community-at-Large  
Representative

**Katherine Webb**  
Community-at-Large  
Representative

**Vacant**  
Community-at-Large  
Representative

**Thomas Ellison, MD**  
Community Care Network

**Jennie Rhinehart**  
Community Hospital

**Gilbert Darrington**  
Health Services, Inc.  
Chairperson

**Vacant**  
Jackson Hospital

**Mary Weidler**  
Joint Public Charity  
Hospital Board  
Chairperson-elect

**Sarah Hunter Frazer, CRNP**  
Medical Outreach Ministries

**Lydia Pickett**  
Mid-Alabama Coalition  
for the Homeless  
Treasurer

**Isaiah Sankey**  
Montgomery County

**Melanie Boggan**  
Montgomery County  
Health Department  
Secretary

**Ghandi Daniels**  
Executive Director



The Wellness Coalition

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