



# THE WELLNESS COALITION

## SERVICE TO THE COMMUNITY

### FISCAL YEAR 2019–2020

#### The Wellness Coalition

The Wellness Coalition Board continued to serve as a forum for “safety net” providers to network and coordinate issues related to persons affected by chronic disease and with little or no health insurance. In addition to this coordinative role, The Wellness Coalition has made a direct impact on the health of the community through our programs. In 2019–2020, we:



**Provided Wellness Case Management services to 1,294 clients**, including access to a medical home, linkage to community resources, enrollment in health insurance, and chronic disease self-management education



**Assisted 381 people to access free medications** for chronic diseases through the **SenioRx program**, pharmaceutical company patient assistance programs, and local community resources



**Assisted 376 medically uninsured patients** in local emergency departments to access a medical home and to **decrease their use of the ED for primary care**



**Provided 2,631 chronic disease education individual sessions** on how to manage chronic diseases, and set and achieve wellness goals



**Provided 228 assists** with the Federally-facilitated Health Insurance Marketplace, resulting in **103 enrollments**



**Enrolled 120 people in the National Diabetes Prevention Program**, bringing the total number of enrollments to 360



#### Through the Racial and Ethnic Approaches to Community Health (REACH) cooperative agreement, we also:

- Trained 3 churches to enhance their health ministry by incorporating the Body & Soul program into health and wellness standards
- Partnered with JT Produce to expand the Healthy Corner Store program by three stores to increase healthy food access
- Partnered with MATS to increase fresh produce availability and buying opportunities at their intermodal center
- Implemented Munch Code Vending System in Kershaw YMCA to increase healthy snack options
- Hosted three breastfeeding webinars to increase education on the benefits of breastfeeding
- Partnered with Health Services, Inc. to increase referrals to community health programs for 600 patients



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### FISCAL YEAR 2019-2020

#### The Wellness Coalition

#### Working Together To Improve Health And Access For All.

The Wellness Coalition was established when a group of health care providers came together to work on improving health care for persons with chronic diseases and little or no health insurance. Our Board Member Organizations include the major “safety net” health care providers—those serving underserved persons in five counties of Alabama’s River Region: Autauga, Elmore, Lowndes, Macon, and Montgomery.

The Wellness Coalition facilitates a coordinated, community-wide system to improve the health and wellness of people with limited or no health insurance through collaboration, services, and education. We do this in an effort to bolster a community that promotes health and wellness through a coordinated system of care.

The Wellness Coalition has grown and added board member agencies, staff, and services. We are pleased to work toward improved individual and community health in the River Region, and to continue to establish the partnerships without which our goals could not be realized.



*For over 20 years, we have been committed to improving health and access to care for River Region residents, and we’re not stopping now.*

**Ghandi Daniels**  
Executive Director



#### Our Dedicated Board

**Connie King**  
Alabama Department of Public Health East Central District  
*Secretary*

**Tommy McKinnon**  
Baptist Health

**Michael Briddell**  
City of Montgomery  
*Chairperson*

**Jessica Hudson**  
Community-at-Large  
Representative

**Katherine Webb**  
Community-at-Large  
Representative

**Donna Cooper**  
Community-at-Large  
Representative

**Kara Watts**  
Community Care Network

**Jennie Rhinehart**  
Community Hospital

**Gilbert Darrington**  
Health Services, Inc.  
*Chairperson-elect*

**Hannah Chadee**  
Jackson Hospital

**Mary Weidler**  
Joint Public Charity  
Hospital Board

**Sarah Hunter Frazer**  
Medical Outreach Ministries

**Lydia Pickett**  
Mid-Alabama Coalition  
for the Homeless  
*Treasurer*

**Pam Hall**  
Montgomery Area  
Mental Health Authority

**Melanie Boggan**  
Montgomery County  
Health Department

**Ghandi Daniels**  
Executive Director



To learn more, visit [TheWellnessCoalition.org](http://TheWellnessCoalition.org) or call (334) 293-6502.

