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 Mid-Alabama Coalition  
 for the Homeless

**Pam Hall**  
 Montgomery Area  
 Mental Health Authority

**Lou Ialacci**  
 Montgomery County  
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**Connie King**  
 Montgomery County  
 Health Department  
*Secretary*

**Ghandi Daniels**  
 Interim Executive Director

The Wellness Coalition Board continued to serve as a forum for “safety net” providers to network and coordinate issues related to persons affected by chronic disease and with little or no health insurance. In addition to this coordinative role, The Wellness Coalition has made a direct impact on the health of the community through our programs. In 2018-2019, we:



Provided Wellness Case Management/Community Health Worker services to 1,383 clients, including access to a medical home, linkage to community resources, enrollment in health insurance, and chronic disease self-management education



Assisted 530 people to access free medications for chronic diseases through the SenioRx program, pharmaceutical company patient assistance programs, and local community resources



Assisted over 500 medically uninsured patients in local emergency departments to access a medical home and to decrease their use of the ED for primary care

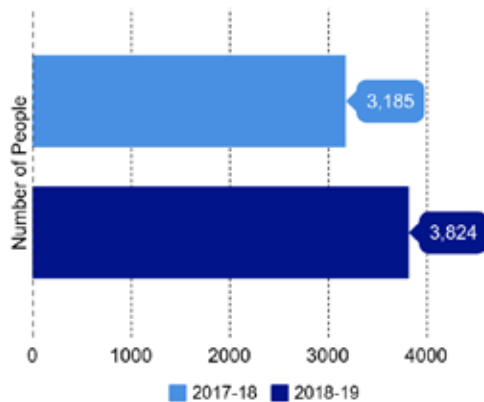


Provided 3,824 chronic disease education individual sessions to teach people how to manage chronic diseases, including assisting them to set and achieve wellness goals



Provided 299 assists with the Federally-facilitated Health Insurance Marketplace, resulting in 159 enrollments

**Total Number of People Receiving Chronic Disease Education**





# THE WELLNESS COALITION

## SERVICE TO THE COMMUNITY

### FISCAL YEAR 2018-2019

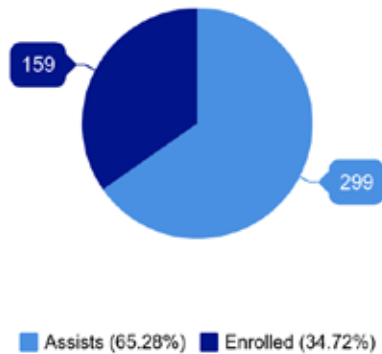
#### Working together to improve health and access for all.

The Wellness Coalition was established when a group of health care providers came together to work on improving health care for persons with chronic diseases and little or no health insurance. Our Board Member Organizations include the major "safety net" health care providers—those serving underserved persons in five counties of Alabama's River Region: Autauga, Elmore, Lowndes, Macon, and Montgomery.

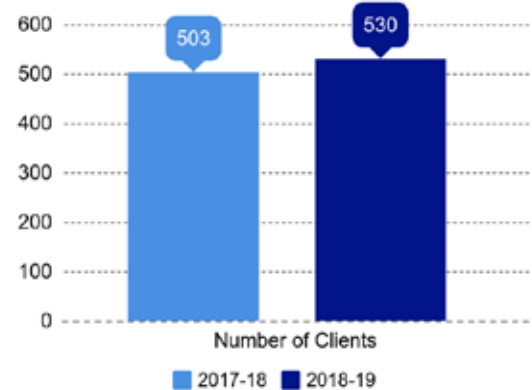
The Wellness Coalition facilitates a coordinated, community-wide system to improve the health and wellness of people with limited or no health insurance through collaboration, services, and education. We do this in an effort to bolster a community that promotes health and wellness through a coordinated system of care.

The Wellness Coalition has grown and added board member agencies, staff, and services. We are pleased to work toward improved individual and community health in the River Region, and to continue to establish the partnerships without which our goals could not be realized.

#### Health Insurance Enrollment Assistance



#### Number of Clients Provided Medication Assistance



#### Racial and Ethnic Approaches to Community Health (REACH)

- Awarded the 2018 REACH cooperative agreement through the Center for Disease Control and Prevention's Division of Nutrition, Physical Activity, and Obesity
- Partnered with Southeast Research to conduct food assessment to identify needs, barriers, and possible solutions to improve access to healthy food
- Trained 3 churches to administer Living Well Alabama classes and trained 3 new sites to deliver Community Health Worker Services
- Chosen as one of 200 agencies in the nation to hold screenings of Chocolate Milk, a documentary on breastfeeding in Black America, in an effort to start working on ways to increase breastfeeding rates so that more mothers and children enjoy the health benefits of breastfeeding

#### Diabetes Prevention Program

- Helped 70% of program participants meet or exceed the program goal of losing 5-7% of their body weight
- Enrolled 140 people in new classes, increasing the participation rate by 41% over the previous year

#### Community Impact

- Celebrated our 20th year of providing services to the community
- Provided professional education for nurses, social workers, counselors, dietitians, and others through the Case Management Conference and Chronic Disease Institute
- Promoted improved wellness and access to healthcare through advertising, news, and media messages that have been viewed more than 15 million times by River Region residents

To learn more, visit [TheWellnessCoalition.org](http://TheWellnessCoalition.org) or call (334) 293-6502.



TheWellnessCoalition



@WellnessAlabama