



# THE WELLNESS COALITION

## SERVICE TO THE COMMUNITY

### FISCAL YEAR 2017-2018

**Kimberly Edwards**  
Alabama Department of  
Public Health East Central District

**Ben F. Kelley**  
Baptist Health  
*Immediate Past Chairperson*

**Michael Briddell**  
City of Montgomery  
*Secretary*

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Community-at-Large  
Representative  
*Chairperson*

**C. Bernell Mapp**  
Community-at-Large  
Representative

**Terrence Jones**  
Community-at-Large  
Representative

**Kara Watts**  
Community Care Network

**Jennie Rhinehart**  
Community Hospital

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Health Services, Inc.  
*Treasurer*

**Hannah Chadee**  
Jackson Hospital

**Mary Weidler**  
Joint Public Charity  
Hospital Board

**Nancy Hogan**  
Medical Outreach Ministries

**Nancy Fitzpatrick**  
Mid-Alabama Coalition  
for the Homeless

**Pam Hall**  
Montgomery Area  
Mental Health Authority

**Lou Ialacci**  
Montgomery County  
*Chairperson-Elect*

**Connie King**  
Montgomery County  
Health Department

**Molly M. Stone**  
Executive Director

The Wellness Coalition Board continued to serve as a forum for “safety net” providers to network and coordinate issues related to persons affected by chronic disease and with little or no health insurance. In addition to this coordinative role, The Wellness Coalition has made a direct impact on the health of the community through our programs. In 2017-2018, we:



Provided Wellness Case Management/Community Health Worker services to 1,967 clients, including access to a medical home, linkage to community resources, enrollment in health insurance, and chronic disease self-management education



Assisted 503 people to access free medications for chronic disease through the SenioRx program, pharmaceutical company patient assistance programs, and local community resources



Assisted over 720 medically uninsured patients in local emergency departments to access a medical home and to decrease their use of the ED for primary care

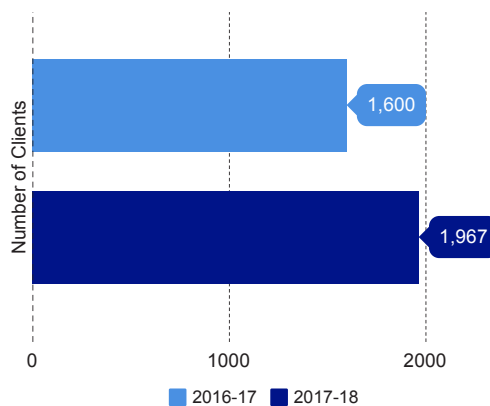


Provided 3,185 chronic disease education individual sessions to teach people how to manage chronic diseases, including assisting them to set and achieve wellness goals



Provided 638 assists with the Federally-facilitated Health Insurance Marketplace, resulting in 46 enrollments

Total Number of Clients Receiving Wellness Services





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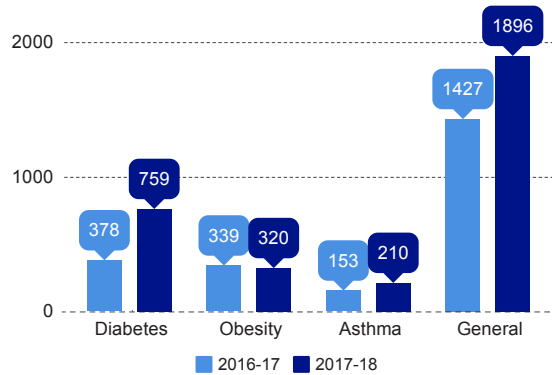
#### Working together to improve health and access for all.

The Wellness Coalition was established when a group of health care providers came together to work on improving health care for persons with chronic diseases and little or no health insurance. Our Board Member Organizations include the major "safety net" health care providers—those serving underserved persons in five counties of Alabama's River Region: Autauga, Elmore, Lowndes, Macon, and Montgomery.

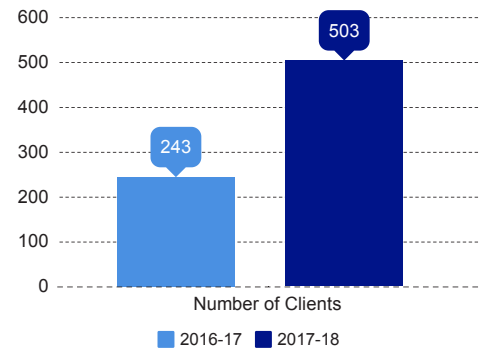
The Wellness Coalition facilitates a coordinated, community-wide system to improve the health and wellness of people with limited or no health insurance through collaboration, services, and education. We do this in an effort to bolster a community that promotes health and wellness through a coordinated system of care.

The Wellness Coalition has grown and added board member agencies, staff, and services. We are pleased to work toward improved individual and community health in the River Region, and to continue to establish the partnerships without which our goals could not be realized.

Number of Chronic Disease Education Services Provided to Clients



Number of Clients Receiving Medication Assistance



In 2017-2018, The Wellness Coalition has also:

#### Racial and Ethnic Approaches to Community Health (REACH)

- Successfully completed four years of work on the REACH 2014 cooperative agreement, including the involvement of more than sixty partners over the life of the project
- Offered education and ongoing assistance to partners to ensure sustainability of REACH programs
- Trained 3 churches to administer Living Well Alabama classes and trained 3 new sites to deliver Community Health Worker Services
- Partnered with Farmscape Solutions to improve access to healthy food by offering technical assistance to community garden training sites and healthy corner stores

#### Diabetes Prevention Program

- Established the River Region's first CDC-recognized Diabetes Prevention Program, *Change Your Lifestyle. Change Your Life. (CYL<sup>2</sup>)*, in partnership with the Black Women's Health Imperative
- Trained seven Lifestyle Coaches to deliver the CYL<sup>2</sup> Diabetes Prevention Program
- Recruited 99 participants to begin eight Diabetes Prevention classes from February to June

#### Community Impact

- Provided professional education for nurses, social workers, counselors, dietitians, and others through the Case Management Conference and Chronic Disease Institute
- Promoted improved wellness and access to healthcare through advertising, news, and media messages that have been viewed more than 5.6 million times by River Region residents

To learn more, visit [TheWellnessCoalition.org](http://TheWellnessCoalition.org) or call (334) 293-6502.

