

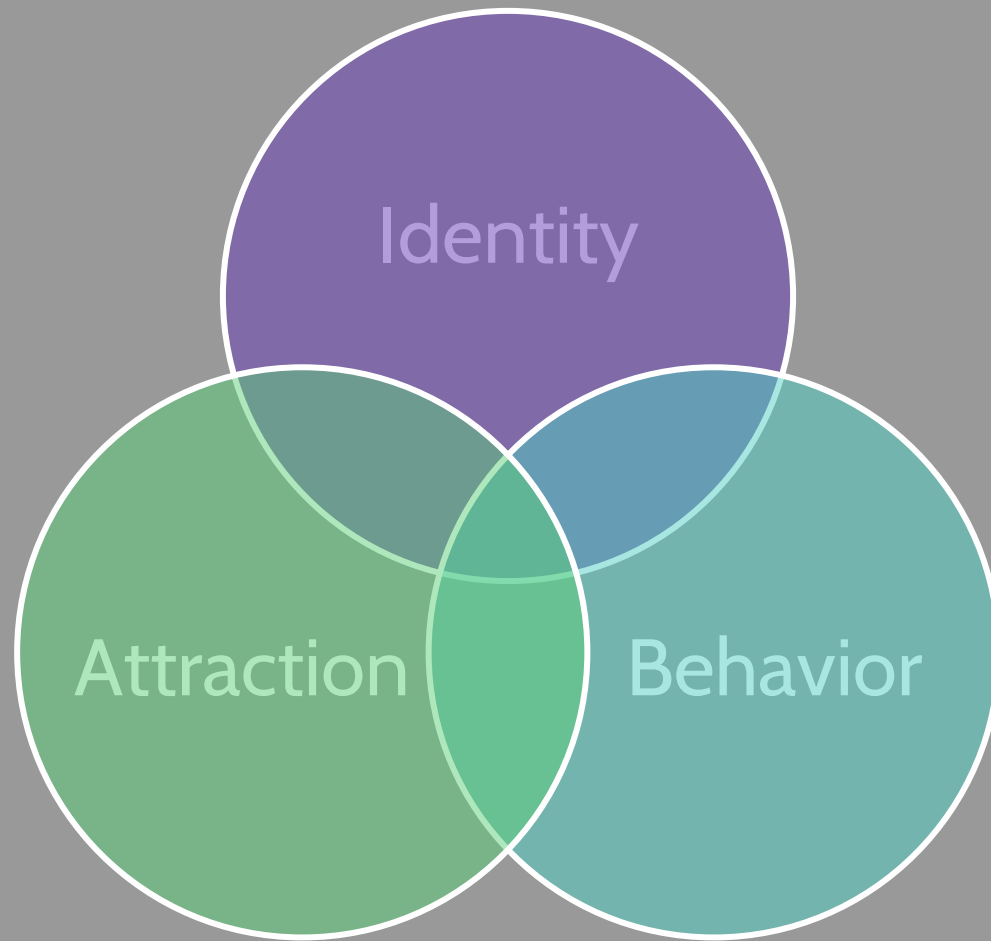


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she/her/hers

Learning Objectives

At the end of this presentation, attendees will be able to:

- Define key concepts related to cultural humility, gender identity, and sexual orientation
- Describe the nature and impact of stigma as experienced by LGBTQ individuals
- Understand your role in creating welcoming and inclusive healthcare spaces for LGBTQ individuals



Identity

Attraction

Behavior

What is Cultural Humility?



What is Cultural Humility?

Lifelong process

Learning

Personal Growth

Advocacy

Focus on:

Empowerment

Equity

Cultural Humility

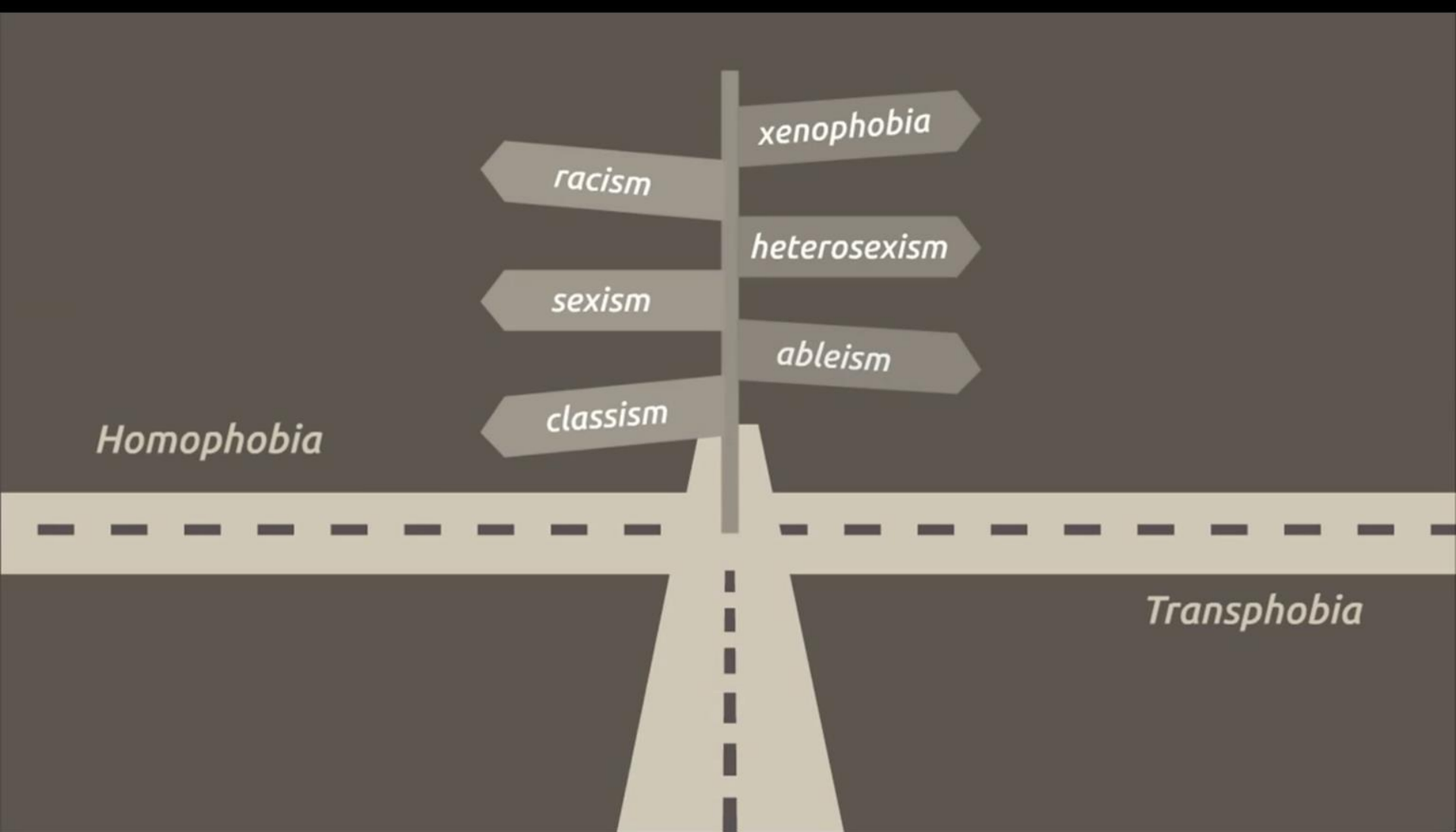
- Better health outcomes
- Improve quality of care
- Reduce health disparities.
- Reduce stigma-related barriers to care



Barriers to Care

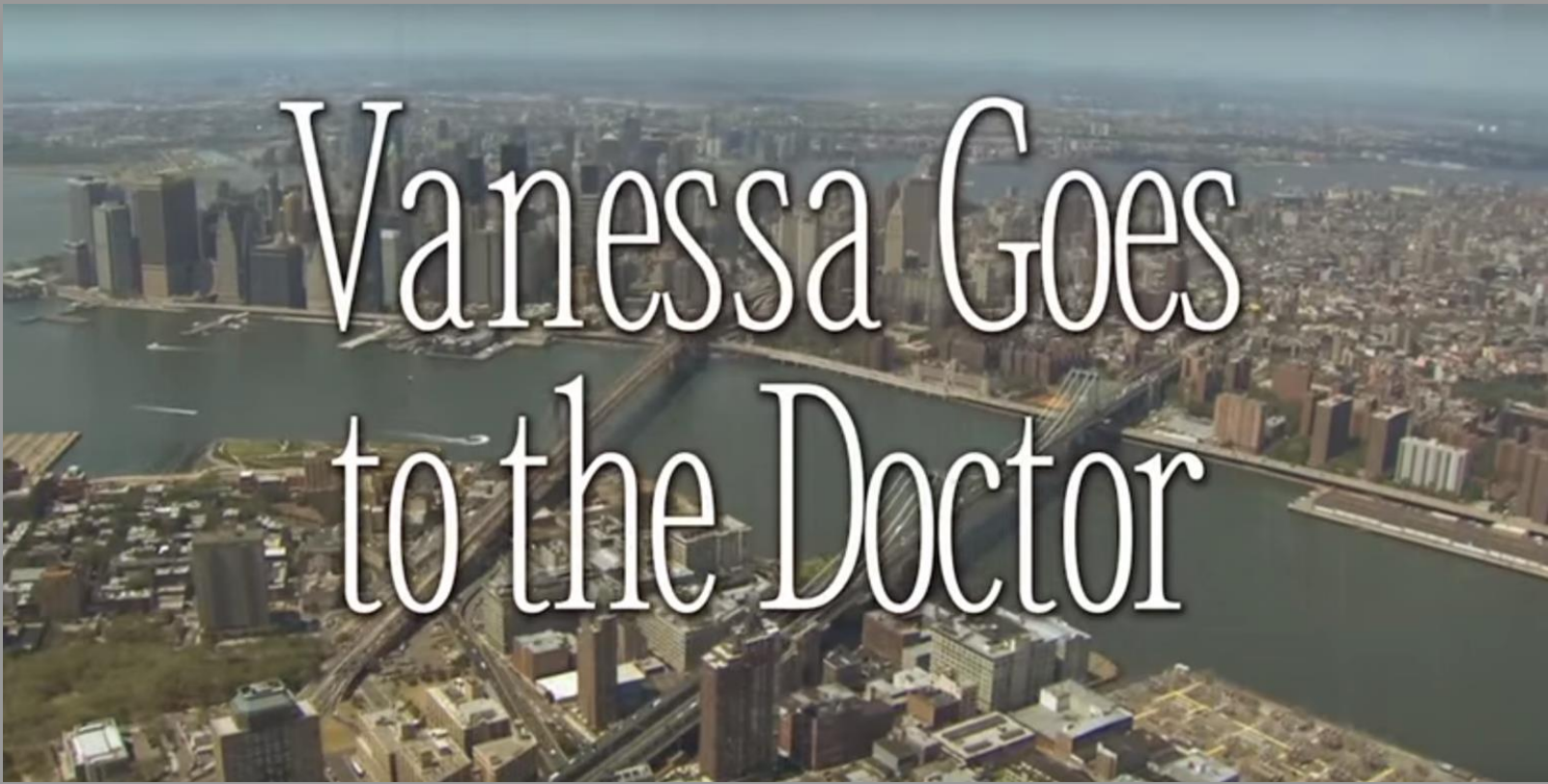
- Limited Access
- Negative Experiences
- Lack of Knowledge/Information
- Stigma

Intersectionality



Cultural Humility in Action



An aerial photograph of New York City, showing the Hudson River, the Manhattan skyline, and the Queensboro Bridge. The text "Vanessa Goes to the Doctor" is overlaid in a white, serif font with a drop shadow.

Vanessa Goes to the Doctor

Best Practices

DO

- Avoid assumptions
 - ask the question
- Use correct name and pronouns consistently
- Mirror the language of the client

Best Practices

THINK:

Is it relevant?

Feedback

How are we creating welcoming spaces?

What is the patient experience from the front door to the provider suite?

How are we holding one another accountable?

Are all staff included in cultural humility training?

**How will you
implement Cultural
Humility in your
practice?**