The Alabama Department of Mental Health (DMH) was created under Act 881 of the 1965 legislature and was charged with the responsibility of establishing a public mental health system. The Department is responsible for mental illness, intellectual disability, and substance abuse services. The Department is responsible for operating state psychiatric facilities, establishing standards for community services, and is empowered to contract for services.
ROLE OF DEPARTMENT OF MENTAL HEALTH

DMH State Hospitals
Funding (Contracting)
DMH Administrative Certification
Division Specific Standards/ Administrative Code
Advocacy
Division of Mental Illness

**Our Purpose**

To establish an organized and comprehensive community based system of care for Adults and Children.
Division of Mental Illness

Our Target Population

Persons who must rely upon public mental health services and who meet Serious Mental Illness (SMI) or Serious Emotionally Disturbed (SED) criteria.
MH System of Care
Inpatient Services

State Facilities

**Montgomery** - Greil closed August 31, 2012

**Mt. Vernon** – Searcy closed October 31, 2012

**Decatur** - North AL Regional Hospital closed April 1, 2015

- Serve less than 1000 individuals per year.
- **Tuscaloosa**
  - Bryce Hospital (268 beds)
  - Mary Starke Harper Geriatric Psychiatry Center (96 beds)
  - Taylor Hardin Secure Medical Facility (115 beds)
- **Opelika**
  - DMH Unit at EAMC (adolescents only) (9 beds)
MH System of Care – Community Mental Health
Community Mental Health Center Service Requirements

Every CMHC must provide the following services:

Emergency Services *(crisis & after hours)*

Outpatient Services *(includes Case Management)*

Consultation and Education Services, and

Partial Hospitalization/Intensive Day Treatment/Rehabilitative Day Program

Residential Services *(directly or through contract with other certified providers)*

*Specialty Services such as ACT and In-Home are elective*
Outpatient Services

Intake/Evaluation
Diagnostic Testing
Individual Counseling or Psychotherapy
Group Counseling or Psychotherapy
Family Counseling or Psychotherapy
Crisis Intervention and Resolution
Pre-Hospitalization Screening/Court Screening
Physician/Medical Assessment and Treatment (to include telemedicine)
Medication Administration
Medication Monitoring (Non-Physician)
Mental Illness Basic Living Skills
Family Support Education
Treatment Plan Review
Mental Health Consultation
Outreach Services

Case Management (adults and kids)

Child and Adolescent In-Home Intervention

Adult In-Home Intervention

Assertive Community Treatment (ACT) (adults only)

Program for Assertive Community Treatment (PACT) (adults only)
Day Programs

Partial Hospitalization Program (adults only)
Adult Intensive Day Treatment
Adult Rehabilitative Day Program
Child and Adolescent Mental Illness Day Treatment
Adult MI Residential Services

- Adult Foster Care Home
- Residential Care Home
- Residential Care Home w/Specialized Basic Services
- Residential Care Home w/Specialized Behavioral Services
- Residential Care Home w/Specialized Medical Services
- Adult Therapeutic Group Home
- Small Capacity (3 bedroom) Residential Care Home
- Medication/Observation/Meals (MOM) Program
- Supported Apartments

Congregate

Integrated
Residential Levels of Care

- Independent Living (home, apartment, with family)
  - Medication/Observation/Meals (MOM) Program
  - Supported Apartments
  - Adult Foster Care Home
  - Residential Care Home
  - Residential Care Home - Specialized Basic Services
  - Residential Care Home - Specialized Behavioral Services
  - Residential Care Home - Specialized Medical Services

- Small Capacity (3 bedroom) Residential Care Home
Stabilization Services

Psychiatric Assessment Unit

Intermediate Care Unit

Crisis Residential Unit

Private Inpatient Psychiatric Unit

SMI – Level of Severity and Functioning

State Psychiatric Hospital
“While consumers have many different goals for recovery the two most recognized goals are having a home to call their own and a meaningful, stable job.”

National and State Drivers

➢ Wyatt
➢ Olmstead
➢ SAMHSA
➢ Consumer’s Voice
Recovery Support Services

➢ Certified Peer Support Specialist
➢ Drop-in Centers
➢ Specialized Mobile Teams (Homeless Outreach)
➢ Supported Employment
➢ SOAR; Benefits Specialists
➢ Initiatives to support community integration
Target Population – Eligibility
Adult MI Services

Adults who must rely upon public mental health services and who meet the following criteria.

Serious Mental Illness

❖ **Axis I Diagnosis** of Schizophrenia or Other Psychotic Disorders, Major Mood Disorders, and Severe Anxiety Disorders and

❖ **Disability criteria**, at least 2 as a result of diagnosis:
  ✓ Unemployed, employed in a sheltered setting, or has markedly limited skills, poor work history
  ✓ Shows severe inability to establish or maintain personal social support systems
    ✓ Shows deficits in basic living skills
    ✓ Exhibits inappropriate social behavior

OR

❖ **High Risk**, at least 1:
  ✓ Hx of DMH supported inpatient or public residential tx as a result of Axis 1 dx (above)
  ✓ Without outpatient intervention, at imminent risk of needing inpatient hospitalization

An individual regardless of diagnosis shall be eligible for one intake per year and pre-hospital screening and crisis intervention as needed.
# Points of Contact

## Points of Contact

<table>
<thead>
<tr>
<th>COUNTY</th>
<th>MENTAL ILLNESS SERVICES</th>
<th>INTELLECTUAL DISABILITY SERVICES</th>
<th>SUBSTANCE USE DISORDER SERVICES</th>
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<tbody>
<tr>
<td>AUTauga</td>
<td>334-365-2207</td>
<td>334-285-2608</td>
<td>334-365-2207</td>
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<tr>
<td>Baldwin</td>
<td>251-928-2871</td>
<td>251-947-5608</td>
<td>251-928-2871</td>
</tr>
<tr>
<td>Barbour</td>
<td>334-687-2323</td>
<td>334-687-9889</td>
<td>334-673-2143</td>
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<tr>
<td>Bibb</td>
<td>205-926-4681</td>
<td>205-333-1577</td>
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<td>Blount</td>
<td>205-595-4555</td>
<td>205-625-3201</td>
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<td>Bullock</td>
<td>334-738-5279</td>
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<td>334-738-5279</td>
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<td>Butler</td>
<td>1-877-530-0002</td>
<td>1-877-530-0002</td>
<td>1-877-530-0002</td>
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<tr>
<td>Calhoun</td>
<td>256-236-3403</td>
<td>256-236-3403</td>
<td>256-236-3403</td>
</tr>
<tr>
<td>Chambers</td>
<td>1-800-815-0630</td>
<td>1-800-815-0630</td>
<td>1-800-815-0630</td>
</tr>
<tr>
<td>Cherokee</td>
<td>256-927-3601</td>
<td>256-547-4407</td>
<td>256-927-3601</td>
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<tr>
<td>Chilton</td>
<td>205-755-5933</td>
<td>205-668-1327</td>
<td>205-755-5985</td>
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<tr>
<td>Choctaw</td>
<td>1-800-239-2901</td>
<td>1-800-239-2901</td>
<td>1-800-239-2901</td>
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<tr>
<td>Clarke</td>
<td>251-275-4165</td>
<td>251-947-5608</td>
<td>251-275-4165</td>
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<tr>
<td>Clay</td>
<td>256-396-2150</td>
<td>256-396-2150</td>
<td>256-396-2150</td>
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<tr>
<td>CLEburne</td>
<td>256-463-2969</td>
<td>256-463-2969</td>
<td>256-463-2969</td>
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<tr>
<td>Coffee</td>
<td>1-877-530-0002</td>
<td>1-877-530-0002</td>
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<tr>
<td>Colbert</td>
<td>256-764-3431</td>
<td>256-768-0901</td>
<td>256-764-3431</td>
</tr>
</tbody>
</table>

*There is Hope! Through community service providers, the Alabama Department of Mental Health offers help and assistance.*
Mental Illness Provider Directory

Mental Illness Provider Directory

Alabama Department of Mental Health

MENTAL ILLNESS PROVIDER DIRECTORY

RSA Union Building
104 North Station Street
P.O. Box 201410
Montgomery, Alabama 36130-1410

Phone:
(334) 242-0642
(334) 242-0215
1-800-367-0921

www.mdh.alabama.gov

*State-funded providers are shaded in gray
Community Mental Health Providers

310 Board
Community Mental Health Centers

<table>
<thead>
<tr>
<th>Altapointe Health Systems</th>
<th>Brewer Porch Children Center (SUB-CONTRACTOR THROUGH INDIAN RIVERS)</th>
</tr>
</thead>
<tbody>
<tr>
<td>5750 A Southland Drive</td>
<td>PO Box 870156</td>
</tr>
<tr>
<td>Mobile, AL 36617</td>
<td>Tuscaloosa, AL 35405</td>
</tr>
<tr>
<td>(251) 450-5901 Fax: (251) 666-7537</td>
<td>(205) 348-7236 Fax: (205) 348-9368</td>
</tr>
<tr>
<td>Executive Director: Tuerk Schlesinger</td>
<td>Executive Director: Rick Gray Ph.D.</td>
</tr>
<tr>
<td>Counties Served: Clay, Coosa, Randolph, Talladega, Baldwin, Mobile, Washington,</td>
<td>Counties Served: Tuscaloosa</td>
</tr>
<tr>
<td>Email:</td>
<td>Email: <a href="mailto:rick.h.gray@ua.edu">rick.h.gray@ua.edu</a></td>
</tr>
<tr>
<td>(Region B &amp;E)</td>
<td>(Region B)</td>
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</table>

<table>
<thead>
<tr>
<th>Cahaba Mental Health Center</th>
<th>Cherokee, Etowah, DeKalb Mental Health Center</th>
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<tbody>
<tr>
<td>417 Medical Center Parkway</td>
<td>425 5th Avenue NW</td>
</tr>
<tr>
<td>Selma, AL 36701</td>
<td>Attalla, AL 35954</td>
</tr>
<tr>
<td>(334) 875-2100 Fax: (334) 418-6540</td>
<td>(256) 492-7800 Fax: (256) 494-5536</td>
</tr>
<tr>
<td>Executive Director: Lafon Barlow</td>
<td>Executive Director: Shelia Hurley</td>
</tr>
<tr>
<td>Counties Served: Dallas, Perry, and Wilcox</td>
<td>Counties Served: Cherokee, Etowah, and DeKalb</td>
</tr>
<tr>
<td>Email: <a href="mailto:lafonb@bellsouth.net">lafonb@bellsouth.net</a></td>
<td>Email: <a href="mailto:shurlev@cedmhc.org">shurlev@cedmhc.org</a></td>
</tr>
<tr>
<td>(Region C&amp;D)</td>
<td>(Region B)</td>
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# CMHC Emergency Numbers

## Community Mental Health Center Emergency Numbers by County

<table>
<thead>
<tr>
<th>County</th>
<th>Name of Operating Agency</th>
<th>Business Hours Telephone Number</th>
<th>After Hours Telephone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Autauga</td>
<td>Montgomery Area</td>
<td>(334) 365-2207</td>
<td>TF 877-279-7830</td>
</tr>
<tr>
<td>Baldwin</td>
<td>AltaPointe</td>
<td>(251) 990-4190</td>
<td>TF 800-558-8295</td>
</tr>
<tr>
<td>Barbour</td>
<td>Spectracare</td>
<td>(334) 687-2323</td>
<td>TF 800-951-4357</td>
</tr>
<tr>
<td>Bibb</td>
<td>Indian Rivers</td>
<td>(205) 926-4681</td>
<td>TF 800-264-1660</td>
</tr>
<tr>
<td>Blount</td>
<td>Eastside</td>
<td>(205) 625-3882</td>
<td>C 205-836-7283</td>
</tr>
<tr>
<td>Bullock</td>
<td>East Central</td>
<td>(334) 738-5279</td>
<td>TF 800-467-1208</td>
</tr>
<tr>
<td>Butler</td>
<td>South Central</td>
<td>(334) 382-2018</td>
<td>TF 1-877-530-0002</td>
</tr>
<tr>
<td>Calhoun</td>
<td>Calhoun-Cleburne</td>
<td>(256) 236-3403</td>
<td>L 256-236-3403</td>
</tr>
<tr>
<td>Chambers</td>
<td>East Alabama</td>
<td>(334) 756-4117</td>
<td>TF 800-815-0630</td>
</tr>
<tr>
<td>Cherokee</td>
<td>CED</td>
<td>(256) 927-3601</td>
<td>L, 256-927-3601</td>
</tr>
<tr>
<td>Chilton</td>
<td>Chilton-Shelby</td>
<td>(205) 755-5933</td>
<td>L 205-755-5933</td>
</tr>
<tr>
<td>Choctaw</td>
<td>West Alabama</td>
<td>(205) 459-2612</td>
<td>TF 800-239-2901</td>
</tr>
</tbody>
</table>
SMI Definition/Eligibility for Adults

DEFINITION OF SERIOUS MENTAL ILLNESS/DESCRIPTION OF CONTRACT ELIGIBLE CLIENTS (ADULTS)

CATEGORY A. Persons who meet the diagnosis and disability criteria for serious mental illness listed below in Section 1 or who meet the criteria for high risk listed below in Section 2.

Section 1: Persons who are Seriously Mentally Ill:
Diagnosis: Any diagnosis listed below in combination with at least two criteria from the disability category:

Schizophrenia and Other Psychotic Disorders:
- 295.xx Schizophrenia
- .30 Paranoic Type
- .10 Disorganized Type
- .20 Catatonic Type
- .60 Undifferentiated Type
- .50 Residual Type
- 295.40 Schizophrainform Disorder
- 295.70 Schizoaffective Disorder
- 297.1 Delusional Disorder
- 297.8 Brief Psychotic Disorder
- 297.3 Shared Psychotic Disorder
- 298.9 Psychotic Disorder NOS

Mood Disorders (Major):
- 296.xx Major Depressive Disorder
  - 2x Single Episode
  - .3x Recurrent
- 296.xx Bipolar I Disorder
  - .0x Single Manic Episode
  - .40 Most Recent Episode Hypomanic
  - .4x Most Recent Episode Manic
  - .6x Most Recent Episode Mixed
  - .8x Most Recent Episode Depression
  - .9x Most Recent Episode Mixed
  - .9x Most Recent Episode Hypomanic

High Risk:
- Any diagnosis listed above in combination with at least two criteria from the disability category:
- 295.9 Schizophrenia
- 297.9 Delusional Disorder
- 297.8 Brief Psychotic Disorder
- 297.3 Shared Psychotic Disorder
- 298.9 Psychotic Disorder NOS
- 296.9 Major Depressive Disorder
- 296.8 Bipolar I Disorder
- 296.7 Bipolar II Disorder
- 296.6 Cyclothymic Disorder
- 296.5 Dysthymic Disorder
- 311.8 Unipolar Disorder Not Otherwise Specified
- 298.0 Delusional Disorder Not Otherwise Specified
- 298.1 Schizophreniform Disorder Not Otherwise Specified
- 298.2 Schizoaffective Disorder Not Otherwise Specified
- 298.3 Delusional Disorder NOS
Mental Health Services Directory

Visit our website at www.mh.alabama.gov
Contact Information

JESSICA HALES
334-242-3200
jessica.hales@mh.alabama.gov