Urgent Mental Care

2017 Spring Health Seminar
“Understanding and Working with Mental Illness”
Thursday, April 6, 2017
A Collective Impact Initiative of Envision 2020

• Healthy Minds Network Vision:
  • A coordinated mental healthcare system in the River Region where all stakeholders work together to provide effective, efficient, and reliable services for consumers in our region so they may achieve wellness through awareness, prevention, and appropriate care.”

• Champion: Envision 2020
• Backbone: Questia Corps
• Began in 2013
Achievements & Current Work

• Healthy Minds Network Leadership Council created in fall/winter 2013-14
• Stepping Up Initiative – national recognition and opportunities
• Sequential Intercept Map
• CIT – now have 4 trained trainers with 4 more pending this year
• Mental Health First Aid – 26 people statewide now trained to be trainers, with 12 in the River Region
• Crisis Center Task Force
• Data Workgroup
• Housing Workgroup
Data Tell the Story

Baptist Health ER Data 2013-15
• Total ER visits: 72,000
• Prim. & secondary MI: 9,016
• Repeat ER visits: 3,924
  (Av. = 8 per day)
• Montgomery Co.: 5,875
• Elmore Co.: 1,102
• Autauga Co.: 745
• Lowndes Co.: 235

Jackson Hospital ER Data Jan.-Feb. 2017
• Total ER visits: 4,540
• Primary dx. Mental illness: 294
  • (Av. = 5 per day)
• Repeat visits: 13
• Montgomery Co.: 213
• Elmore Co.: 47
• Autauga Co.: 11
• Lowndes Co.: 3
What is the cost?

• From 2013-15:
  • Total number of mental health patients in all Montgomery-area hospitals: 4,781 more than 13 per day.
  • The combined estimated cost of unreimbursed medical expenses for patients with a primary diagnosis of mental illness in local hospitals at that time was $8.3 million
The National Disgrace

• Ten times more individuals with mental illness in U.S. jails (149,000) and prisons (207,000) than in U.S. mental hospitals (35,000)!
• The cost is almost 3x more than a “regular” inmate.
• Million Dollar Murray: $1M over 10 years
Total Jail Bookings—Montgomery County

Total Bookings per Year

<table>
<thead>
<tr>
<th>Year</th>
<th># of Bookings</th>
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<tbody>
<tr>
<td>2014</td>
<td>4588</td>
</tr>
<tr>
<td>2015</td>
<td>4316</td>
</tr>
<tr>
<td>2016</td>
<td>4101</td>
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10.6% decrease from 2014 to 2016.
Total Jail Bookings—City of Montgomery

Total Bookings per Year

- 2014: 9362
- 2015: 8190
- 2016: 6953

# of Bookings

25.7% decrease

Jail Utilizer Categories

- **1** Utilizer
  - One Booking

- **2** Emerging High Utilizer
  - Two Bookings

- **3** At-Risk High Utilizer
  - Three Bookings

- **4** High Utilizer
  - Four Bookings

- **5+** Super Utilizer
  - Five or more Bookings
Bookings by Utilizer Category—County

Number of Bookings per Category and % of Total

- 3 Bookings: 74 (4.8%), 110 (7.6%), 96 (7.0%)
- 4 Bookings: 19 (1.7%), 24 (2.2%), 23 (2.2%)
- 5+ Bookings: 13 (1.9%), 10 (1.7%), 13 (2.1%)
Solutions - Relationships - Hope

Mental Crisis
• Extreme emotional disturbance or behavioral distress, considering harm to self or others, disoriented or out of touch with reality, compromised ability to function, or otherwise agitated and unable to be calmed.

Diversion provides alternatives to incarceration for:
• Those with a serious mental illness
• In jail on a minor charge
• Willing to agree to receive treatment for mental illness
• Would not be a risk to the public, if released from jail
The Payoff

- A centralized location for assessment and stabilization for all consumers in crisis will:
  - Provide a better standard of focused care by experienced mental health professionals
  - Lead to better health outcomes for patients
  - Free up ER staff and resources for true medical emergencies
  - Reduce the costs associated with providing mental health treatment in inappropriate settings, such as jails and ERs.
Successful Models
San Antonio, Texas
The Restoration Center & Haven for Hope
Current Crisis Center Task Force
* - Subgroup

- CEO, Baptist Health *
- CEO, Jackson Hospital
- CEO, HSI
- Chair and vice-chair, Montgomery County Commission*
- Mayor of Montgomery*
- Mental Health Authority Executive Director*
- Montgomery County Community Corrections Executive Director
- Montgomery County DA
- Montgomery Probate Judge*
- Montgomery County Sheriff and grants manager*
- Montgomery Chief of Police
- President & CEO, Montgomery Area Chamber of Commerce
- Former Commissioner of Dept. of Mental Health and of Medicaid, and AL Hospital Association*
Potential Governing Body

• Executive Director of MAMHA
• CEO of Baptist Health System
• CEO of Jackson Hospital
• CEO of Health Services Inc.
• Montgomery County Sheriff
• City of Montgomery Chief of Police
• Montgomery County Probate Judge
• A NAMI or Mental Health America representative
• A Wings Across Alabama representative
• A representative of Autauga County
• A representative of Elmore County
• A representative of Lowndes County
• The Mayor of Montgomery
• The Chair of the Montgomery County Commission
• Executive Director of the United Way or HandsOn River Region
Roofs and Roots
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